

SURVIVE-TO-THRIVE: MISC

As the participant tackles some hard tasks, check in on their clothing, food, and personal hygiene needs. There are several places that will provide participants with these items at no cost.

CLOTHING

Many thrift stores provide clothing vouchers for those in need. St. Vincent de Paul thrift store provides clothing to anyone in need at no cost. The Living Hope Center's Hopeful Treasures shop assists mother's and their children with clothing and other items. Veteran's Village provides clothing for veterans. Some thrift stores are willing to help if the participant explains their needs.

FOOD

Food expenses can be a burden for a family in poverty. Your participant may qualify for SNAP assistance (food stamps). If they have a food stamp card, there is a phone number on the back to call and refill the card. If they need to enroll in SNAP, the participant can contact agencies that will help them complete the application. Suppose they have a dependent (child). In that case, they can call Helping Families in Need (HFIN) or Family Involvement Center (FIC) [our preferred agency]. Those without children may call FIC, if the RE:center provides a referral. Always utilize the RE:center to schedule these appointments with our partnering agencies.

Suppose a participant has a smartphone and access to the internet or data. In that case, these agencies will schedule a video call and help them complete their SNAP and AHCCCS applications. Or, they can complete the process at the RE:center. Participants can also apply online through the DES website.

There are also food banks and churches that provide free emergency food boxes and meals throughout the week. Participants should get their basic food needs met through SNAP and local helping agencies. The RE:center provides fresh, hot meals daily.

PERSONAL HYGIENE

If you are in the South County area, your participant does have access to White Mountain Care (WMC) packages. These care packages are created with donated toiletries and supplies. RE:entry participants who come through the program will receive a Welcome Home (prison) or Fresh Start (jail) pack that includes a WMC package along with a backpack, towel, washcloth, water bottle, and other personal care items. Participants always get a hygiene pack from us.



HEALTHCARE

Most participants should qualify for the state's Medicaid program- Arizona Health Care Cost Containment System (AHCCCS). Participants can complete an application online or through the Department of Economic Security office. HFIN and FIC can also help the participant apply via phone or video.

MEDICAL & PREVENTATIVE

Once the participant enrolls into AHCCCS, you may encourage them to set up an appointment with their assigned primary care physician. Please make sure they are at a point in their Survive-to-Thrive process where this does not seem like an overwhelming task.

BEHAVIORAL HEALTH SERVICES

Participants should enroll in behavioral health services for healing and substance abuse prevention. Changepoint Integrated Health provides a wide range of integrated behavioral health services, including counseling, substance abuse treatment, psychiatry, housing programs, vocational rehabilitation, and more. Community Bridges Inc. is another agency for detox services, substance abuse issues, and behavioral health services.

SUBSTANCE ABUSE TREATMENT & PREVENTION

There are several programs in Navajo County to address the growing substance abuse problem in our county. We encourage all participants to attend local anon groups or participate in more intense recovery programs. Community Bridges Inc. and Recovery Works are two programs that we recommend within Navajo County. Changepoint Integrated Health also provides services in these areas.

FINANCIAL ASSISTANCE

Certain participants may qualify for financial assistance through certain agencies. Please talk with the project coordinator or RE:center staff to learn about the most current options.



HELPFUL LINKS



[Applying for Medical Assistance \(AZ State Medicaid- AHCCCS\).](#)



[Applying for Food Assistance \(SNAP\).](#)



[All DES Services Available](#)



[North Country Healthcare \(helps with health insurance and food stamp applications in-person\).](#)



[Community Medical Services \(Treatment & Recovery\).](#)



[Little Colorado Medical Center \(Winslow\).](#)



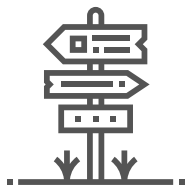
[ChangePoint Integrated Health](#)



[Community Bridges Inc.](#)



[RecoveryWorks Addiction Treatment Centers](#)



[Navajo Count RE:source Guide](#)



[RE:center's Local Resource One-Sheets](#)