

Job Title: Mama Mentorship Project- Community Mentor

<u>Reports to:</u> Mama Mentorship Project Coordinator

Job Type: Part-time; volunteer; one-year commitment

<u>Job Summary:</u>

The mentors for the Mama Mentorship Project develop a rewarding relationship with moms and their kids. During this relationship, mentors teach moms to use their time, skills, and gifts effectively while facing obstacles and joys together. Mentors help moms build bridges over barriers to resiliency and thriving lives. Become a cheerleader and inspiration to a mama who is losing hope and struggling to survive in our community. This is a one-year commitment.

Essential Functions:

Motivator and Cheerleader:

- □ Believes in capacity for change
- □ Motivates, encourages, and celebrates

Ally and Confidant:

- Loyal to participant
- □ Cares for the participant
- Actively listens
- \Box Is a trustworthy, stable, and consistent role model for the participant
- Provides honest and helpful information and offers suggestions
- □ Helps to identify patterns of behavior and does not sugar coat things

Model and Mentor:

Offers their own life as an example of healthy living, shows how to "walk the talk"

Advisor:

- Identifies potential problem areas
- □ Assists participant to problem solve
- Does not tell the participant the right way but helps person explore options
- Provides nonjudgmental advice

Resource Broker:



Provides linkages to healthy community, resources, helping agencies, and other supports

- \Box Knows system of care and how to navigate the system
- Establishes helpful contacts and partnerships in the community
- Continually learns about new resources, helping agencies, funding opportunities, and health community groups for participants

Referral Advocate:

- Advocate for all community mothers and for the participant
- Assists participant to protect their rights
- Acts as a representative for the participant when requested and appropriate

Other Requirements

- Using the online mentor portal, complete and submit monthly reports to the project coordinator
- Complete training required by the project coordinator
- □ Must commit to the program for at least one year
- □ Must be off legal supervision for two years prior to submitting application
- □ Must have a two-years of sobriety prior to submitting application
- Attend weekly and monthly classes, meetings, and recreational activities
- Be creative and collaborate with other mentors and mama to initiate team-building and recreational activities.
- □ Abide by confidentiality and mandatory reporting requirements
- Report any changes to your contact information
- Communicate regularly with your mama participant outside of scheduled classes and group meetings

Physical Requirements & Work Environment:

Must be able to lift 20 pounds. Must be flexible working in a fast-paced, food bank and community center environment. This position works in and outside of the RE:center. The RE:center can be a public meeting place for you and your mama participant.

<u>Other – Required to pass successfully:</u>

- Background Check
- Drug Screening

Please note this job description is not designed to cover or contain a comprehensive listing of activities, duties or responsibilities that are required of the volunteer for this job. Duties, responsibilities and activities may change at any time with or without notice.



The RE:center retains the right to screen and select volunteers based on the principles and objectives of the project. The RE:center may terminate the volunteer relationship at any time for any reason, including, without limitation, if false or misleading information has been provided on an application or if there is misrepresentation of our program or services.